



Sydney Academy of Taekwondo - Winter Training Camp



14, 15 & 16th July (1st Week of School Holidays)

Enquiries:
0417 223 227
david@satkd.com.au
www.satkd.com.au

Where: Forestville Memorial Hall. 3 Starkey Street Forestville.

Time: 9.00am-3.00pm every day.

Who: All keen kids with a desire to train in Taekwondo from beginners to intermediate and advanced levels. Participants will gain confidence, develop muscle tone, improve sportsmanship and learn a skill they will value for a life time.

What to Bring: All you're training gear associated with TKD- if already playing, a drink bottle, Lunch and unlimited amounts of enthusiasm to discover personal bests and must be able to show potential to have fun.

Places do fill quickly so be early to secure position Maximum of 30 only. 😊

What's on the agenda: Our holiday camp designed for girls and boys 6-15yrs which is an excellent way for new students to establish a solid foundation in Taekwondo fundamentals and for experienced players to improve their mind and bodies. Age appropriate physical conditioning and games to foster healthy competition. All our Taekwondo training is conducted in our bright and outstanding facility at Forestville. All attendees receive TKD photos and certificate.

Michele's Patisserie Forestville is our #1 sponsor.

Cost: \$160.00 3 days Or \$65.00 day rate -- early bird rate before 3/7/09 save 5 % discount

.. ✂ ----- ✂ ..

Sydney Academy of Taekwondo. Holiday Training Camp.

Tues 14 Wed 15th Thurs 16th July 2009

Family Name.....First Name.....

AddressPost Code.....

Email.....

Please circle one of the following: **Beginner or Coloured belt or Black belt**

Telephone/s: _____ / _____

Is the player taking any medication, has a condition that could affect his/her performance or is allergic to any foods, that we should be aware of: (Please circle) No / Yes (Please give details below)

.....

Which days. (Please circle)

All Days or Tue, Wed, Thurs.

Player/student name.....

5% disc before July 3. _____

Paid \$ _____

Parent name & signature.....

All forms and remittance send into class or post before Friday 10th July 2009. PO Box 245 Pymble NSW 2073

Please tick

Direct Transfer

Cheque

Cash



Post: Sydney Academy of Taekwondo PO Box 245 Pymble 2073

Direct Transfer: Sydney Academy Taekwondo. ANZ. bsb: 012 403 a/c: 4994 65084 Rec.# _____